

COVID-19 Wilderness First Aid Skills Assessment Operating Procedures

Students who are attending the course with a cohort.

- A cohort is made up of two Skills Assessment participants who reside together and do not require to social distance from each other during the course. The cohort will take turns being a caregiver and patient during the course. See the Cohort Verification form [here](#).
- All cohorts must download, print, and complete the [Cohort Verification Form](#). Email the completed form to jeff@wdtwfa.com prior to the first day of the course.

Students who are attending the course without a cohort. Manikin required.

Construct and bring to the skills assessment a full-body manikin using the instructions below.

For students who do not have a cohort (another student whom they live with) an improvised manikin will be required.

Full-body Manikin Instructions

- Make as realistic of a manikin as possible
- long-sleeved shirt
- long pants or overalls
- gloves for hands
- socks and footwear for feet
- Head made from a balloon, stuffed bag or sack
- Stuff the clothing, gloves and head with towels, sheets, newspaper to fill out the minikin
- Attached the shirt, pants, gloves and socks with safety pins, wire ties or duct tape Make sure the torso won't disconnect from the legs. Elbows and knees joints to be moveable and finish with a pair of shoes.



Example of a student constructed manikin with a leg splint.

Skills Assessment Procedures

- Instructor and students will wear eye protection and face coverings throughout the Skills Assessment.
 - Face coverings **must not have an exhalation valve**.
 - Eye Protection may be prescription glasses, sunglasses, safety goggles or full face shields.
 - Students must bring their own eye protection and face covering. Any student missing eye protection and/or face covering will not be allowed to participate in the course.
- Surgical gloves will be provided by the instructor
 - Surgical gloves are worn during the scenario practice sessions.
 - Non-cohort students will don gloves when working with their manikins.
 - Cohort students will wear gloves - both students - caregiver and patient.
 - Before Skills Assessment - All Students
 - All students must complete the [COVID-19 Intake Form](#). Each student will be provided a form to complete before they enter the Skills Assessment area.
 - All students will have their temperature taken using a non-contact thermometer and have their temperature recorded.
- Each student will act as a caregiver in four scenarios with a student playing the role of patient with a highly detailed script. Student-patients will stand at least six feet away from the student-caregiver and their manikin responding according to the script to the caregivers actions and words. Cohorts will work together as a team using the same script. The instructor observes every scenario to assess student learning, provide feedback and make corrections.
- Each student will submit two completed SOAP Notes for grading. SOAP Notes are retained in the student's records for the duration of their certification.
- Each student will complete an arm splint and a leg splint on their manikin or cohort.. The instructor observes every splint build to assess student learning, provide feedback and make corrections. All splints are graded according to a Splint Quality Checklist that can be reviewed here for [arm](#) and here for [leg](#). Students must meet all criteria to pass splinting. Students will submit a picture of each splint to be retained in the student's records for the duration of their certification.
- **Skills Assessment Set-Up**
 - Skills Assessment will take place outside. It is Wilderness First Aid.
 - Cohort students may sit together but they must be distanced at least six feet apart from all other students.
 - Distancing will be strictly adhered to throughout skills assessment.
 - Set-up a Check-In Station outside of the Skills Assessment area.
- **Student Check-In**
 - Keep all students physically distanced.
 - Ensure all students are wearing
 - Eye or face protection
 - Face covering
 - Record temperatures of all students
 - If fever is equal to or greater than 100.4 F, or 38.0 C, quietly instruct that according to CDC guidelines they have a fever, we cannot let them into the Skills Assessment today or any time until they have been symptom-free for at least two weeks, they need to go quarantine themselves and call their healthcare provider for instructions.
 - Collect [COVID-19 Intake Form](#)
 - Collect any [Cohort Verification Form](#)
 - Ask students to take a seat in the Skills Assessment Area
 - Instruct cohorts where to sit in the Skills Assessment Area

- **Surface Cleaning**
 - Surface disinfectants [62–71% ethanol hand sanitizer, 0.5% hydrogen peroxide or 0.1% sodium hypochlorite [bleach]
 - Spray onto the surface. Note: perhaps some areas don't get spray droplets, hence next step.
 - Soak a cloth in the solution, wipe the sprayed surface to spread the solution throughout the surface.
 - Let air-dry, or wait **at least one minute** before drying. One minute is required to kill coronaviruses.