

SOAP NOTE

Subjective: (age, sex, MOI, NOI, chief complaint) 24 y/o male. Ran into a tree while mountain biking.
C/C: PT states "Left arm is killing me" and that he is feeling dizzy. Name of patient is Joe Smuckatelly.

Objective: Vital signs, patient exam, AMPLE history

VITAL SIGNS				
Time	10:45 AM	11:00 AM	11:15 AM	11:30 AM
LOC - A&O x ?	A+OX3	A+OX3	A+OX3	A+OX3
RR	24	20	18	16
HR	85	80	78	70
Skin - C, T, M	Pink/warm/ moist	P/W/M	P/W/M	P/W/M

Patient Exam: Describe location of pain, tenderness and injuries: Did a full head to toe exam. Found 4 inch long bleeding cut on the lower, right leg and sharp pain point (8/10) lower left arm.

Allergies: Seasonal itchy eyes and runny nose

Medications: Claritin as needed - none today

Past pertinent medical history: None

Last in and out: Dinner, water, 2 glasses wine last night #1 and #2 both normal at 6 AM today.

Events leading up to accident: Feeling dizzy while biking, swerved and hit a tree.

Assessment: (Problem List)

1. Suspected fracture, lower left arm
2. Bleeding laceration, lower left leg
3. Likely hypoglycemic and dehydrated
4. Possible spinal injury

Plan: (Plan for each problem on the problem list)

1. RICE, splint, immobilize arm
2. Pressure irrigated laceration with 2L iodine water, pressure dressing with sterile bandage
3. Feed salty snacks and hydrated
4. Immobilized spine until successfully cleared it after arm pain went down to 4/10 and dizziness went away.

Monitor - How often do you plan to monitor the patient? Vitals and left arm CSM every 15 minutes

Rescue Plan: Walk out stopping every 15 minutes to monitor vitals and arm CSM

