

Wilderness First Aid Certification Course Completion Requirements and Checklist

This document is an excerpt of the Terms and Conditions document you accept when you purchased the course. Please read the entire Terms and Conditions found [here](#). Use this document as a checklist to prepare for the course graduation requirements and Virtual Proctored Skills Assessment.

1. Requirements to earn a Wilderness First Aid Certification

- a. Agree to the [terms and conditions](#) of this course upon course purchase.
- b. Successfully viewing 90% of each lecture and scoring at least 70% on each quiz.
- c. Supply your own patient role player for the practice scenarios and splinting scenarios in the course. This person must possess a long attention span and be able to read and follow written instructions. Patient scenario card instructions are written at a high school reading level so plan your patient recruiting accordingly. See COVID-19 Considerations paragraph below.
- d. [Schedule](#) and successfully complete a virtual Proctored Skills Assessment

2. **Google Drive Requirements.** A Google Drive Folder will be assigned to you. You will use this folder to upload the images and documents that are required for your certification. The email you used to register for the course is the email that the link to the Google Drive Folder will be sent to you.

COVID-19 Considerations

If you do not have a person you are living with who can perform the role of a patient, you may consider doing the following:

- Email the Scenario Practice Cards to a friend who can perform the role of the patient. Use a video conference app that will allow you to perform a patient exam by giving the patient commands and asking questions. In response to your questions and commands the patient will read information provided to them on the Scenario Practice Card. Examples: "Open your mouth and say AHH. Do I see anything inside your mouth?" "I am palpating your left forearm. Do you feel pain?" "I am taking your pulse. What is your heart rate?" You can practice performing an entire patient assessment and complete a SOAP Note using this method.
- Improvise a leg and arm using materials found around the home such as a pool noodle, foam roller or shirt/pair of jeans and stuffed with towels as filler material. Construct a splint around the improvised limb to the specifications in Paragraph 3.c below.

3. Document Upload Requirements

- a. SOAP Notes
 - i. Upload completed SOAP Notes from Scenarios 5 and 6 from the course.
 - ii. Upload completed SOAP Notes from the two scenarios you will complete in the Proctored Skills Assessment.
 - iii. These can be scans or pictures of the completed SOAP Notes.
 - iv. SOAP Notes must have all sections completed and at least three sets of vital signs. SOAP Notes not meeting these requirements will not be accepted.
- b. **Splinting Skills.** During the lecture portion of the course, you will apply an arm splint and a leg splint to a patient that you supply.
 - i. Arm Splint Requirements
 1. Upload pictures of each step of building an arm splint. See the Arm Splint building checklist available for download in the course.
 2. Upload front, back and side pictures of the splint with the patient standing up. These pictures will be framed so that the bottom of the picture is the patient's waist and the top of the picture is the patient's neck. If you are using a fabricated limb, then take a picture of the splint object.

3. You are not required to use a SAM Splint as the rigid element. However, you must include a picture of the rigid element so the proctor can see that it is in fact an acceptable rigid element.
 - a. Acceptable Rigid Elements
 - i. Wood stick at least 1" in diameter
 - ii. Wood planks at least 1/2" thick and x 1" wide
 - iii. Commercially manufactured hiking sticks
 - iv. Aluminum or composite tube that cannot be bent with your hands
 - b. Unacceptable Elements
 - i. If you can bend it with your hands it is unacceptable
 - ii. PVC of any thickness or diameter
 - iii. Foam of any thickness or diameter
 - iv. Fiberglass, composite, aluminum tent poles
- ii. Leg Splint Requirements
 1. Upload pictures of each step of building a leg splint. See the Leg Splint building checklist available for download in the course.
 2. Upload front and side pictures of the splint.
 - a. The pictures will be framed so that the picture is a landscape format and captures from the patient's waist to the patient's foot. If you are using a fabricated limb, then take a picture of the splint object.
 3. Rigid elements
 - a. Acceptable Rigid Elements
 - i. Wood stick at least 1" in diameter
 - ii. Wood planks at least 1/2" thick and x 1" wide
 - iii. Commercially manufactured hiking sticks
 - iv. Aluminum or composite tube that cannot be bent with your hands
 - b. Unacceptable Elements
 - i. If you can bend it with your hands it is unacceptable
 - ii. PVC of any thickness or diameter
 - iii. Foam of any thickness or diameter
 - iv. Fiberglass, composite, aluminum tent poles

4. Proctored Skills Assessment

- a. [Schedule](#) a virtual Proctored Skills Assessment
 - i. Visit the Skills Assessment Scheduler [here](#).
 - ii. Dates and times fill up fast so plan ahead.
- b. Skills assessments are conducted on Zoom.us and KAHOOT.com. You are responsible for ensuring your technology works on Zoom and KAHOOT prior to attending the Skills Session. You should sign up for a free Zoom account and test Zoom with another person who has a Zoom account. Sign up for a free KAHOOT account prior to the Skills Session. We will not be able to troubleshoot any issues you are experiencing. If you are unable to successfully connect to Zoom during your scheduled Skills Session, you will not graduate and need to reschedule your Skills Assessment.
- c. You will be required to have the following:
 - i. Enable video throughout the entire session. If your video is not working the entire session you will not graduate and need to reschedule your Skills Assessment.
 - ii. Enable audio throughout the entire session. If your audio is not working the entire session you will not graduate and need to reschedule your Skills Assessment.
 - iii. Have KAHOOT running in your browser. You will use KAHOOT to view questions and choose the most correct answer.

d. **How the Skills Assessment Works**

- i. Using KAHOOT and Zoom, we have “gamified” the skills assessment. The purpose of the virtual skills assessment is to confirm that the student has attained a level of competency to follow the Primary and Secondary Patient Assessment and can successfully diagnose a patient who requires evacuation to definitive medical care.
- ii. You are allowed to use your notes, textbook and *Wilderness First Aid Made Easy* algorithms during the skills assessment.
- iii. You will complete three scenarios. One practice scenario that will allow you to acclimate to the virtual skills assessment environment. Two graded scenarios that consist of the proctor providing you a backstory on a patient that is experiencing an injury, illness or both. You will be required to demonstrate mastery by responding to questions and cues displayed on KAHOOT. You will be required to respond correctly to 80% of the questions and cues.
- iv. You will begin the patient assessment by talking to the patient using chat on Zoom
- v. KAHOOT will display a series of questions that you will respond to with the best answer. You will ask the patient questions

e. **Cancellations**

You may cancel or reschedule a proctored skills session up to 24 hours prior to the skills session without penalty. Cancelling and or rescheduling a proctor skills session with less than 24 hours notice will require the student to pay an additional \$50 to reschedule another Proctored Skills Assessment Session.

f. **No Shows**

No shows will be required to pay an additional \$50 to reschedule another Proctored Skills Assessment Session.