HYPOTHERMIA

23

Suspect Hypothermia?
Is PT presenting normal mental status - A+OX3?

Yes

No

Is PT shivering?

Yes

No

Is PT shivering?

Yes

No

Is PT conscious?

Yes

No

Severe Hypothermia Treatment
- Treat as Moderate Hypothermia
- If no obvious vital signs, then assess breathing and pulse for 60 seconds
- Evacuate carefully ASAP

Moderate Hypothermia Treatment
- Handle PT gently
- Reduce heat loss - Hypothermic Wrap. See Page 46.
- Provide active warming - provide heat to upper trunk
- No standing or walking
- Evacuate carefully

Is PT functioning normally and able to care for themselves?

No

PT is not hypothermic

8 **Secondary Assessment**

Yes

Cold Stressed - Not Hypothermic Treatment
- Reduce heat loss
- Get PT into dry clothing
- Provide high-calorie food and drink
- Increase heat production - keep PT moving to warm up

Mild Hypothermia Treatment
- Reduce heat loss - cut off wet clothing and wrap PT with vapor barrier or Hypothermic Wrap. See Page 46.
- Provide high-calorie food and drink
- No standing or walking for 30 min
- Consider active warming - provide heat to upper trunk
- Evacuate if no improvement

8 **Secondary Assessment**

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